

Commission on Aging Minutes

November 1, 2017

3 p.m. – 5 p.m.

Sustainacenter, 704 E. Boulder Street

In attendance: Carrie Schillinger, Nathaniel Gilmore, Cleasther Marchman, Marie Meintz, Bob Kirkpatrick, Lorri Orwig, Gloria Horne, Sara Vaas, Aubrey Day, C.J. Moore, Connie Johnson, Rita Fitzpatrick, Janet Lockhart, Erika Liljestrand, Councilwoman Jill Gaebler, Jyotsna Khattri, Claire Anderson, Sabrina Cotta

Call to Order 3:03 pm

Welcome & Introductions

- Roundtable introductions

Citizen Comment

No public comment

Updates

- AARP Affordable Housing and Livable Communities Conference, October 5, 2017 in Denver
Claire, Sabrina, Carrie and Rita attended (Pat Ellis from Silver Key, Joe Urban from AAA also attended)
Takeaways:
 - No magic bullet, think outside the box!
 - Colorado Springs gets \$4M in federal funding for affordable housing assistance
 - We should focus on preserving our current housing stock
 - Collaborations/partnerships to help get stuff done
 - Be the squeaky wheel! Advocacy and voice of constituents is important!
 - Home Sharing is a potential resource (another step to Village model)
 - Think about working to change codes/zoning to allow for alternative dwelling units
- Chair and Co-Chair meeting with Mayor Suthers, Councilmembers Skorman, Geislinger, Gaebler and Avila
 - Transportation and housing is where they would like to focus their efforts
 - Like to see age friendly discussion infused into all areas of city government
 - Overlap in areas of priority from age friendly and city strategic plan
 - Should Commission move towards making 'action plan?'
 - Think about visibility and dignity of aging, what it means to be an older adult
 - They are interested in getting input from our Commission
- City of Colorado Springs Commission on Aging Board Policy

- This is an advisory board, as contrasted from a policy setting board such as the City Council. Therefore, all communications to the City Council are recommendations and are to be so worded.
 - Relationship of the Commission to City Staff: The Commission member's channel of communication with staff is through the Chairperson who notifies the staff liaison of any requests. Requests to individual staff members for information, reports or other considerations shall be cleared and coordinated through the staff liaison.
 - Recommendations shall be the primary source of communications. When requested or deemed advisable, the Chairperson or their designate will be present at the Formal or Informal sessions of City Council to state the Board's recommendation and answer questions.
- One Ride Joint Call Center
 - Craig Blewitt will join us for a presentation and/or Commission will organize a visit/tour.
 - Colorado Transportation Access Forum for People with Disabilities
 - Created through Senate bill- charged with making recommendations back to the legislature
 - Develop recommendations around unique needs of people with disabilities
 - Technology assistance
 - Existing funding sources

Presentation: Conrad Olmendo - PlanCOS

- Updating 2001 Comprehensive Plan
- Vision Themes: Vibrant Neighborhoods, Unique Urban Places, Renowned Culture, Majestic Landscape, Thriving Economy, Strong Connections
- Holding meetings with committee members, co-creators, and piggybacking on local events
- Special meetings with young professionals and Southeast Colorado Springs
- Two survey opportunities – third survey will be to comment live on public plan
- Goal: Public draft document by end of the year and present to City Council in Summer 2018
- Inclusivity of input – what about those who live in LTC communities and faith-based communities
- How do we PlanCOS for citizens from ages 8 to 80?
 - Send concrete ideas, key stakeholders and contact info -email those ideas to Sabrina

Presentation: Carrie Schillinger – Pikes Peak Area Council of Governments Area Agency on Aging

- Goal – help older adults remain in their own homes by removing barriers to independent living
- Funding – Older American's Act and Older Coloradans Act & SHIP & grant funding
- Assist with coordination and development of comprehensive system of services for older adults
- Provide leadership and advocacy for the needs and concerns of the elderly

- Prerequisite for services – 60 or older and live in El Paso Park or Teller counties or be a caregiver for someone 60 or older
- Focus on whole person – health & wellness, community living, education & advocacy (information & assistance)
- Administration for Community Living → State Unit on Aging → Area Agencies on Aging → Local service providers
- Older Americans Act National Impact: serves 11 million people/year and provided more than 130 million rides, more than 1 billion meals, over 60 million homemaker hours, 20 million hours of respite care
- AAA: Family Caregiver Support Center, LTC Ombudsman, Senior Information and Assistance Center, Senior Insurance Assistance & Services contracted through local agencies

Items for next month /Member announcements

- Strategic plans for Mayor’s office/City Council (December) & various city departments (January)
- Silver Key presentation
- Recommendations at each meeting

- Memories in the Making 2017, November 5, 2017, 2:00 pm, East Library
- Walk Audit Follow Up event, November 30, 2017, 1-3, Southeast YMCA

Next Meeting: Wednesday, December 6, 2017, 3:00 – 5:00 pm at Sustainacenter, 704 E. Boulder Street

Adjourn 4:54 pm