

Colorado Springs Commission on Aging Minutes

February 6, 2019

3 p.m. – 5 p.m.

CONO, 1506 N. Hancock Ave., 80903

In attendance: Connie Johnson (Vice Chair), Sara Vaas, Bob Kirkpatrick, Rita Fitzpatrick, Carrie Schillinger, Cleather Marchman, Claire Anderson, CJ Moore, Lorri Orwig, Marie Meintz, Caedryn Carter, Lindsey Baker

Excused: Aubrey Day

Absent:

Guests: Kent Mathews, Hannah VanNimwagen

Staff:

Call to Order 3:04 pm

Welcome & Introductions

Approve minutes from December 2019

Welcome Caedryn and Lindsey

Citizen Comment

N/A

Accessory Dwelling Units Update – Hannah VanNimwagen

Discussion:

Secondary/ancillary apartment to residence

Above a garage, small house affixed to a foundation (connected to utilities)/cottage in backyard

Converted basement

Code scrub following direction from City Council

PlanCOS recommended ADUs as strategy for attainable housing and a tool to meet housing goals

CSU tariff has changed-don't have to pay for a brand new tap fee

Discussed changes with Code Scrub Committee

Formed ADU Steering Committee

Presented to joint Code Scrub and Steering Committee

Supporting Documents for this goal: PlanCOS, Infill Action Plan, Mill Street Plan, Age Friendly

Colorado Springs, 2019 Community Development Action Plan, 2014 Affordable Housing Needs Assessment

Benefits: Supports aging in place, supplement income for homeowners, adds housing stock to developed areas using existing infrastructure, provides a variety of housing options

Compared to other cities: Lakewood, Longmont, Loveland, Denver, Fort Collins, Durango, Aurora, Golden, Salt Lake City, Boise, etc.

Expanding to single-family zone districts – would open 40,000 additional parcels for ADUs

Detached and integrated ADU – right now neither are permitted in single-family districts

Hoping to reduce minimum lot standards

Hope to increase size of ADU – limited now to 750 square feet

Implementing new height allowances in certain circumstances – limited to 25' now

Hoping to remove separation requirements -currently has to be separated by 20' to encourage different ADU formats

ADU requirements – sleeping facility, full kitchen, sanitary facilities with shower and/or tub

Owner occupancy requirement in single-family home neighborhoods

Action:

3 Open House Meetings – 5:30 – 7:00 pm

Feb 20 @ Deerfield Hills

Feb 25 @ Prairie Hills Elementary

Feb 26 @City Auditorium

Look at draft ordinance on City webpage

coloradosprings.gov/adu

Submit comments on website or come to planning commission meetings to voice comments

Planning Commission on March 21

The Conversation – Kent Mathews

Discussion:

Provide consultations to family caregivers at no charge to help them find resources and create plan

Oversee Caregiver Respite Voucher program

The Conversation

80% of Americans want to be at home with family and friends when we die

24% of Americans over 65 die at home

63% die in nursing homes and hospitals

90 million Americans live with serious illness

20% of Medicare beneficiaries have 5 or more chronic conditions

66% of Medicare spending goes to cover their care

Patients on palliative care incurred \$6900 less in hospital costs

Challenges

High tech medicine creates illusion of cure which overpromise and underdeliver

Many doctors fail to have discussions with patients about how to live life's final chapter

Advance care planning should emphasize emotional preparation of family and patient
Increased awareness and use of palliative care

Community Collaborations

1996-2004 PP Quorum for Healthcare

2004-2014 Pikes Peak Healthcare Forum

Current

PPACCT -Pikes Peak Advocating for Collaboration in Care Transitions e

EL Paso/Teller County Community Ethics Committee Subcommittee on Palliative Care

Community Response Team and Cares Team

Age Friendly Initiative

Healthy Church Initiative and Faith Community Nurses

PILLAR Institute for Life Long Learning

Death Café and Death Over Dinner

Palliative Care in Colorado Springs

Kaiser Permanente – doctor, RN, mental health worker 1x/month

Penrose/Memorial – in patient palliative care

Abode Hospice

Compassus Hospice

Interim Hospice

Pikes Peak Hospice and Palliative Care

Solaris Hospice

Suncrest Hospice

Advance Care Planning and Age Friendly initiative

Housing – village, home modification

Social – centralized database system

Civic Participation – advocacy for seniors

Communication – coordinate networks, promote accurate information

Community Support – conversation project

Respect – intergenerational enrichment opportunities

Action:

Prepareforyourcare.org

Coversationproject.org

Fivewishes.org

Coloradocareplanning.org

Deathcafe.com

Deathoverdinner.org

Broadly support and encourage our community to stimulate conversation and raise awareness of the importance of advance care planning.

AARP has great books/publications about end of life decisions

Member Matters/Announcements

Council and Mayor Candidate Meet and Greet: Tuesday, March 19th, 5:30 – 7:00 pm at CONO

Senior Day at the Capitol Discussion: Wednesday March 13th, 8-12:35

Lorri will head up organization of our trip up there if there is interest in taking Bustang or carpooling

City Budget 2019 Discussion

Look at what we submitted last time and what we should ask for this year

Postpone to next meeting

Commission supports submission of IIAC letter of support to Dementia Friendly America for Colorado Springs to join the DFA network - Connie 2nd, all approve

Commission will support and champion AAA on Older Americans Month activities

Board at Sunny Vista is looking into the crosswalk on Cache La Poudre

Legislative Updates:

Elevated income levels eligible and elevated amount of grant for low-income utilities assistance

Push to do secure savings which will benefit citizens – save through workplace

Silver Key Active Living program – Laurie Onstott is Active Living Coordinator

Cleather serves on advisory group

Can be a model for other resources in our community

Invite Laurie to our meeting at some point

Next meeting(s):

UCCS Aging Center, Envida

Next Meeting: Wednesday, March 6, 2019, 3:00 – 5:00 pm at CONO, 1506 N. Hancock Ave., 80903

Adjournment 4:42 pm