

Colorado Springs Commission on Aging Minutes

May 1, 2019

3:00 – 5:00 pm

CONO, 1506 N. Hancock Ave., 80903

In attendance: Cleasther Marchman, Connie Johnson, Sara Vaas, Rita Fitzpatrick, Caedryn Carter, Aubrey Day (Chair), Lindsey Baker, Rita Fitzpatrick, Bob Kirkpatrick, Carrie Schillinger, Lorri Orwig, Marie Meintz

Excused:

Absent:

Guests: Jason Deabueno, Sierra Cortez

Staff: Carly Hoff

Call to Order 3:02 pm

Welcome & Introductions

Welcome to Carly Hoff our interim legislative liaison

Citizen Comment

Jason Deabueno- new CEO of Silver Key

Engaged at Every Age Event, May 8th, 11:30 – 12:30 at Antlers, please join us!

Presentation by Terri Cassidy with Drive Smart Colorado

Discussion:

Addressing Driving Risk Among Older Adults

Drive Smart Colorado & Health Promotion Partners /Engaging Mobility

Older adults are living longer, jump in over 65 population between 2010-2030

Number of drivers on US roads is growing – much higher of older drivers on the road

By 2030, ¼ of all drivers will be over the age of 65

Driving will remain primary choice and personal mode of transportation

Driving represents independence

Decision to stop driving has adverse consequences: increase in depression, decline in social engagement, reduced functional status (roles)

Public and private services need to be prepared to meet the needs of older adults wanting to age in place

80+ Drivers – Fatal Crash Rates: ages 16-17 highest along with 80+

Safety features in vehicles are created for 25 year old male

At 31mph crash, 50 y/o female has 10% risk of serious injury, 80 y/o female has 40% risk of serious injury

CarFit: Education program for older adults

Check how well personal vehicles “fit” them

Drivers are safest: wearing seat belt, seats properly adjusted, steering wheel 10-12 inches from chest

Trained volunteers/health professionals do a carfit

Free, takes about 20 minutes

Local event: May 11th at MorningStar at Bear Creek

Car-fit.org

CDOT Initiatives:

Training video for Law Enforcement

Education to Health Care providers

Training for Occupational Therapists

Education to professionals who work with older adults

New Forms for Medical Providers to report concerns to the DMV

Fitness to Drive Evaluation

Clinical and Behind the Wheel Evaluation

3 hour eval – need doctors referral

Comprehensive in depth look at factors related to driving and actual driving piece

Family member joins for evaluation discussion

Explore Alternatives: the best time to explore alternatives to driving is before you need it

Assessment of Readiness for Mobility Transition

Helps assess do they need to transition from driving

Transition from driver to passenger:

Expectation for driving longevity

3rd party evaluation may help

Driving retirement: Men will outlive ability to drive by 6 years, 10 years for women

Explore alternatives

Maintain connection and community access

Strategies for Supporting Driving retirement:

Fostering driving cessation planning earlier in life

Normalizing the experience of driving retirement

Individualized brainstorming to engage mature drivers in decisions and maintain community occupations

Bolstering driving assessment and rehab services

HealthPromotionPartners.com

EngagingMobility.org

DriveSmartColorado.com

GoGoGrandparent.com is a great resource
ITN – volunteer drivers banking hours

Action:

Review Budget 2018 Recommendations

Discussion:

Review 2018 Budget Recommendations

Action:

Check in to see if Council took any of the recommendations under advisement
Circle back with Mountain Metro Transit on senior ridership study
Circle back with Parks on Panorama Park on recommendations on older adults

Budget 2019 Process Discussion

Discussion:

Discuss results from April meetings
Visits:

Silver Key

Transportation not a major issue because of Silver Key and because they still drove
Landlord/Tenant issues, discrimination
Prostitution in the Murray corridor – concern of safety

Temple Shalom

Housing/Transportation are top two issues
Public Transit is what they're thinking about "if you can't drive"
Accessibility of affordable housing
Competition between older adults and people experiencing homelessness
How to handle the new bike lanes "they are important and people use them, but how do we get signage that tells me as a biker what to do"

Church group

Senior housing- fear that rent will go up so high they will become homeless
Transportation – "I can't afford a new car how do I navigate transportation"
Getting to market, doctor
Awareness of services – other places to distribute information

Acacia
Loneliness and isolation
Fear of walking alone
Police presence appreciated
Grocery, Walgreens downtown
Pets Prohibited

Total of people interviewed: 45 people

Action:

Partnership with media to share senior announcements?
SpringsTV
PPLD TV Station
PCC TV Station

Compile into one page fact sheet and check in on last year's recommendation
Follow up next month with all information
Make recommendations next month

Senior Day at the Capitol

Discussion:

Rescheduled for April 24th

Action:

IIAC Board members were able to attend, Claire can pass along notes from the day if helpful
Event was recorded, we can share the recording with the group

Next meeting(s):

Silver Key Housing Navigator
Budget Recommendations
Report on Senior Resource Council presentation

Commissioner Updates

Endorse Older Americans Month Proclamation
Bob 1st
Rita/Connie 2nd
All approve

Older Americans Month Flyer from Area Agency on Aging
Age Friendly Research Report Release, May 7th, 3:00 pm, Library 21C

July meeting is July 10, 2019

Legislative Updates

Bill passed for mobile home residents to move should their land be sold – increased to 45 days from 3 days

Tenant rights bill still sitting in legislature

Next Meeting: Wednesday, June 5, 2019, 3:00 – 5:00 pm at CONO, 1506 N. Hancock Ave., 80903

Adjournment 4:50 pm