



The Therapeutic Recreation Program (TRP) provides opportunities for youth and adults with disabilities to acquire skills that enable them to participate in leisure experiences of their own choice and enhance their abilities to function within a community setting.

The TRP staff provides advocacy and support for individuals with disabilities to enjoy general recreation activities, as well as specialized therapeutic programs that include opportunities in the following core areas:

- Arts and Culture
- Sports, Fitness and Aquatics
- Social Enrichment
- Outdoor Adventures
- Community Integration/Leisure Education



### Therapeutic Recreation Program (TRP)

Sports Office

(in Memorial Park)

1315 E. Pikes Peak Ave.  
Colorado Springs, CO 80909

#### CONTACT NUMBERS

(719) 385-6964

(719) 385-6855

(719) 385-6965

#### EMAIL

Discovery: [sbraun@springsgov.com](mailto:sbraun@springsgov.com)

Teen SCOPE: [jmueller1@springsgov.com](mailto:jmueller1@springsgov.com)

#### FAX

(719) 385-6013

#### WEB

[coloradosprings.gov/tr](http://coloradosprings.gov/tr)

LIKE US



# Summer Opportunities

for youth with disabilities



**COLORADO  
SPRINGS**

OLYMPIC CITY USA

PARKS, RECREATION & CULTURAL SERVICES  
Therapeutic Recreation Program





# SUMMER DAY CAMP

## *for Youth with Intellectual/ Developmental Disabilities*

TRP offers summer day camps for ages 6-18 which provide participants a meaningful and fun experience with the opportunity to interact with their peers in a positive and constructive day camp environment. All programs are goal oriented and progress is monitored and documented throughout the summer.

### **DISCOVERY (AGES 6-12)**

Observing, experiencing, and learning about the world around them is the purpose of this summer day camp designed for children with disabilities. Your child can anticipate a summer full of swimming, art, music, games, special events, and excursions! This program is four days for 6-weeks and is designed for individuals who function best in groups of less than 10 people.

Mondays-Thursdays  
June-July  
9:00 a.m.-3:00 p.m.  
\$460/6-week session

### **TEEN S.C.O.P.E. (AGES 13-18)**

#### *Summer Camp Opportunities with Possibilities for Everyone!*

Have a ball outdoors this summer! You'll spend your summer days in activities such as swimming, sports, water games, crafts, group games, field trips, and so much more! This program is four days a week for 6-weeks and is designed for individuals who function best in groups of 10-15 people.

Mondays, Tuesdays, Thursdays, Fridays  
June-July  
9:30 a.m.-1:30 p.m.  
\$360/6-week session



# PARALYMPIC SPORT CLUB OPPORTUNITIES

## *for Youth with Physical Disabilities*

The City of Colorado Springs Therapeutic Recreation Program partners with U.S. Paralympics, a division of the U.S. Olympic Committee, to offer the first Paralympic Sport Club in the Pikes Peak Region.

As a Paralympic Sport Club, TRP provides various sports club programs, Paralympic Experience Days and Clinics throughout the year.

Our vision is to provide sports opportunities that will help increase independence, self-esteem, physical development, and quality of life for children, adults and veterans with physical disabilities, and through participation, empower them to reach their full potential.

Examples of Summer Paralympic Youth Programs include:

- Adaptive Cycling Clinics
- Adaptive Water Ski
- Swimming

