

SPRING SOCCER

VOLUNTEER TODAY!

"You want ME to coach a youth sports team?!"

Relax, we aren't the pros.

Our Coaching Program provides all the tools to make the season successful for you and your team!

Coaches must first submit an online application @

coloradosprings.gov/volunteercoaching.

- On the Youth Sports Volunteer Coach page, scroll and select Soccer Coach - Spring 2021.
- Register as a volunteer. Once registered, the individual will receive confirmation from the department.

Staff begins assigning Spring Soccer teams the week of February 15. Once matched with a team, Youth Sports begins the background screening process. At this time, the applicant receives the background link from the city.

Once cleared, coaches will receive their team assignments.

The Coaches Clinics are typically held sometime the week of March 1. At the Coaches Clinic, we have our trainer run through age specific skills and drills as well as how to make practices fun. The Youth Sports staff reviews important season information, and the volunteer coach picks up their equipment and roster.

The Rules Meeting will be during the week of March 30th. This is where staff highlights all the important rules and policies and coaches receive their team jerseys.

All coaches must complete the Heads Up Concussion Training. This FREE online course helps coaches:

- understand a concussion and potential consequences of the injury;
- recognize concussion signs and symptoms and how to respond;
- learn about the steps for returning to activity (play and school) after a concussion; and
- focus on prevention and preparedness to help keep athletes safe season to season.

<https://www.cdc.gov/headsup/youthsports/training/index.html>

PRACTICE

Practice can begin the week of March 8. As the head coach, you pick the days and times for practice.

Youth Sports asks you practice within a 2-mile radius of designated practice park and practice is conducted on weekdays sometime after 5:00 p.m. Coaches can practice up to 4 times in a given week, not lasting over 2 hours per practice session. Our last request is that coaches attempt to have at least 5 practices prior to the first game.

EQUIPMENT

Distributed at the Coaches Clinic, volunteer coaches receive around 6 soccer balls, a portable goal, cones, practice jerseys, first aid kit, and whistle. Players are responsible for personal equipment such as cleats and shin guards.

GAMES

Games start the week of April 5 and will end no later than May 14. Every team is scheduled 10 games. Season length is 5-6 weeks depending on number of teams and weather cancellations.

All games are played at Cottonwood Park, Gossage Sports Complex, Memorial Park, or John Venezia Park.

For teams that play in Pre K-2nd grade, leagues are grouped by a city zone of North, South, East, West, and Central. All 3rd-9th grade leagues are considered city leagues and scheduled throughout the game parks.

Schedules are online and emailed to coaches in late March. Hard copies can be picked up by the coach at the rules meeting.

HOW TO SIGN UP TO COACH

RULES AND MEETINGS

MANDATORY TRAINING



YOUTH SPORTS
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P: (719) 385-5981 | F: (719) 385-6013
coloradosprings.gov/Youth-Sports



Mission

In pursuit of excellence in youth sports, we are committed to creating a positive environment for our youth's participation in and enjoyment of recreational sports.